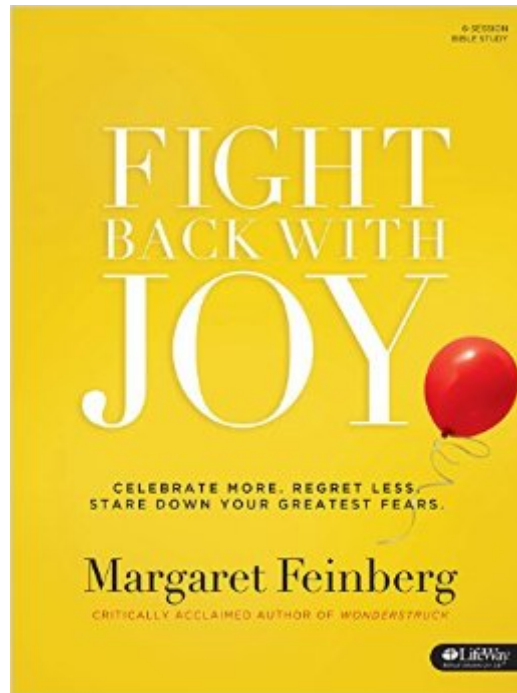


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# Fight Back With Joy: Celebrate More, Regret Less, Stare Down Your Greatest Fears Member's Workbook



## Synopsis

What if joy is better than you imagined? The cherished virtue has been wrapped in clichés, stamped on coffee mugs, and sewn onto decorative pillows. *Fight Back With Joy* declares that joy is more than whimsy, but a weapon we can use to fight life's greatest battles.

## Book Information

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## Customer Reviews

If you are in the habit of doing 6-week guided topical bible study formats, then you will find this to fit that quite well. Margaret engages the heart what it means to fight for joy in this study. I like that she is both personable about her own story and calls the studies to examine their own heart before the Lord as well. This study is well put together, and it addresses the emotion of joy from a thorough Biblical perspective. I will say that the daily study does not require as much from the participant as some studies of the six week format with daily homework. I have found that I can both complete the daily study and journal over what the Lord is revealing to me inside of forty-five minutes. With that said, having done many studies in this format, I have come to expect the rigorous nature of content. *Fighting Back with Joy* requires less rigor and therefore I have enjoyed the processing afforded to me on the side. I recommend this as a candid, deep study on the Biblical perspective of joy. I think that this study helps guide the believer to a deeper understanding and capacity to engage the fullness of Jesus' joy for us.

This is an amazing study! Our society often tells us to focus on the negative and we all have issues

that range from less than perfect to life threatening. Margaret Feinberg has given us a way to fight these with the mighty weapon of JOY! Her transparency is powerful and the resulting arsenal alters the fight, giving us every tool we need to live victoriously and with joy!

Well written, easy and touching read. She takes us with her as she fights for her life. I admire her so much for her ability to inform - encourage. This is a hopeful book, written from the heart. If you are going thru a life struggle, you should read this. If you know someone else going thru struggles, you can use this information to help. I would recommend this book to all adults. I will be reading it again. She clearly loves Christ and lays claims to his promises. She manages to entertain, inform, and bring joy as we go on this "ride" with her.

If you are struggling with finding joy in your life, if you've have the wind knocked out of your sails a few times and you're struggling to get off your knees and back on your feet, this study is a great place to start. Margaret's story is very interesting and she has definitely had reasons to lose joy, but many of us have. Margaret helps guide you in ways to find joy again through a relationship with God. If this is an area in which you are struggling, I would highly recommend this study.

One of the best studies I've participated in. We all have difficult times in life. Things we'd rather have never experienced. A new normal that brings intense pain. Memories that haunt us. How we deal with those memories is our choice. Fight Back with Joy, provides tools to help us learn to identify moments of joy. My mom use to tell me to "look for God in the little things." This study reminded me of reminded me of how looking for God in the little things improves ones attitude. Similarly, looking for Joy Bombs every day is a choice.

I am slowly going through this work book. It is life changing, transforming when a person goes through it over the course of several months. I keep going back to exercises I've already done and doing them over and over again. Everyone on the planet should go through this book!

This book along with our study at church helped me really focus on the wonder of God's joy. I was able to identify joy-stealers and obstacles I allowed to cloud my mind and prevent me from living life to its fullest. Having a group of committed friends to hold me accountable during the book study really increased the effectiveness of the lessons. Margaret Feinberg writes in a clear down to earth manner which taught the principles well without making me feel bad for my past failures. I would

highly recommend this book to anyone who wanted to recapture the joy they felt when they first got saved.

A fun study reminding us that there is joy bombs even in our darkness moments. There is hope when you know The One who gives us hope. There is praise even when can't make sense of our situation because we know the one who who sees the big picture. This is the study to do when life gets hard!

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